

If you don't have inner silence, you may only hear. You cannot listen. Even if God would come to you, if you are not available, you will not be able to listen and He will not be able to teach you anything, because you are not silent inside. Listening is an expensive commodity.

---- Swami Ashutosh Muni

The examples that you set will be picked up by the few who are ready. The others will marvel, and they will be curious. In being curious, they will investigate. This is true giving.

---- Swami Ashutosh Muni

Be patient. You will make mistakes. Never mind. As a child falls while learning to walk, you will make mistakes. Falling is not a mistake. Falling is a part of getting up again. Falling, getting up, falling again, and again getting up, and eventually not falling down at all is the process. Falling down is a sign that you will get up again. If you remain seated, then you will not fall down, but you will remain fallen. . . Be not afraid to fall down, be afraid in remaining seated.

---- Swami Ashutosh Muni

You can't do anything to deserve the blessings of God. Still God will like it if we keep trying. One would think that such blessings would be available to deserving, qualified, pious people. But observe water. Water always goes down the slope. It does not go uphill. Blessings also go downhill. It goes to humble people. No matter who you are. You don't have to deserve it. You don't have to be knowledgeable. All you have to do is be meek, be humble, in your consciousness. This is yama and niyama! Love will go where love will go. You cannot put a constraint on Love. It will go where it chooses. It will go wherever it will find a recipient. You cannot ask Love to change its ways.

---- Swami Ashutosh Muni

Observe your thoughts. Find out that they are not you.

---- Swami Ashutosh Muni

**You must become an Arjuna for the Lord to intervene.
So pray for Arjuna Vishada Yoga, then pray for God. God will send help.**

---- Swami Ashutosh Muni

When you are ready, God will appear inside and will manifest Himself in an appropriate teacher outside.

---- Swami Ashutosh Muni

**Chanting will do in a short time what postures and pranayamas will not do in months;
---- Swami Ashutosh Muni**

**A Mantra is a subtle form of God. It is the vehicle for Sublimation. It will create the possibility of Transmutation. You will receive the insight. It is a journey. It is a destination. Mantra will find its way back home. Because the mantra is the divine or subtle form of the Lord.
---- Swami Ashutosh Muni**

**You must realize that even after studying such a scripture for a lifetime, you know nothing about it. Such humbleness, scientific humbleness, perhaps will lead you to sincere prayer. God will listen to such a prayer. He always does. Isn't it ironic that Bhakti will deliver knowledge?
---- Swami Ashutosh Muni**

**If Desire can corrupt the finest of the finest, then what about the rest of us? Stay in prayer. Don't trust even yourself. Just the God within. Don't trust the mind within. Because this Vasana, or Desire, will creep up through your mind, your wants, in the name of needs. In a moment, it will steal your attention. It will enslave you.
---- Swami Ashutosh Muni**

**Never criticize a path (of religion). Just as all rivers lead to the ocean, all paths lead to God.
---- Swami Ashutosh Muni**